

Norfolk Manor

LIVE THE LIFE YOU CHOOSE™



Aging in Place Strategy

SUPPORTIVE / ASSISTED LIVING INFORMATION PACKAGE 2015



www.NorfolkManor.ca



In accordance with the recent passing of BILL 120 and the RESIDENTS RIGHTS ACT 1994 and Tenant Protection Act 1998.
Compliance date NOVEMBER 20, 1994.

SUPPORTIVE LIVING

At Norfolk Manor retirement home we go out of our way to enable our residents to “**Age in Place**” as long as they are comfortable and wish to remain at Norfolk Manor. As their care needs change so do our flexible care options.

In addition to our basic level of care we offer 5 Levels of Supportive Care based on the individual needs of our resident.

A Supportive Living Package(s) is required when a person is no longer able to maintain personal hygiene or their **ADL's (Activities of Daily Living)** and find that they need regular assistance in any of the following areas;

Mobility

1. Assisted transfer
2. Assistance to and/or from meals and activities. Unable to navigate on their own.
3. Repositioning : unable to transfer (ie: from bed to chair) on their own on a regular basis

Memory Assistance

4. Constant reminding beyond simple 1 off reminder – repeated queuing for ADL's such as getting washed, dressed, Alzheimer's repetition, coming for meals that then may also require assistance to complete
5. Repetitive Anxiety Behaviour requiring constant redirection
6. Exit Seeking – “Wandering Risk”- requiring hourly checks or other measures (RFI- Project Lifesaver Program & Bracelet may be required)

Dietary Requirements

7. Dietary – puree of meals
8. Thickening of fluids
9. Assistance with Feeding
10. Meals delivered to the room on a regular basis (continental breakfast is the exception)

Personal - ADLs

11. Dressing – assisted in part
12. Peri Care - daily
13. Assistance to the washroom
14. Assistance Shaving – regularly
15. Repositioning every 2 hours
16. Mouth Care – am /pm , unassisted by resident
17. Medical Dressings – other than simple first aid and those requiring "WOUND CARE" which would required and Outside Agency support like that provided by the CCAC.

Doctors ORDERS

18. Application of Cream(s) **by doctor order**
19. Taking of daily blood pressures – **by doctors order**
20. Percussion Therapy
21. Injection Therapy- Daily

LEVEL 3 – CARES on their own

1. Incontinence – regular assistance required with toileting, changing of absorption products and/or peri care
2. Full Personal Care - AM or Full Personal Care – PM (Both = Level 4)
3. Catheter Care
4. Ostomy Care
5. Feeding tube monitoring/support

Level 1

Required when a person needs regular assistance with any one (1) of the areas of assistance as identified above.

Cost \$ 10 / Day, \$ 300 per month

Level 2

Required when a person needs regular assistance with any two (2) of the areas of assistance as identified above.

Cost \$ 15 / Day, \$ 450 per month

Level 3

Required when a person needs regular assistance with any 3 of the areas of assistance as identified above other than those identified as Level 3 Care.

Cost \$ 25 / Day, \$ 750 per month

Level 4

Required when a person needs regular assistance with any Level 3+ (1-2) of the following areas;

Cost \$ 35 / Day, \$ 1050 per month

Level 5

Required when a person needs full assistance and or 1 on 1 for extended periods of time. To be determined at the time of the assessment.

1. **Types of Accommodation (Excluding Assisted/Supportive Living)**

Accommodation: Effective July 2014

"A" Suite:	Private Room	\$2300.00. per month *
	Includes 4 pc bathroom shared	
"B" Suite:	Private Room	\$2650. per month *
	Includes Private 4pc bathroom	
"C" Suite:	Private Room	\$2900. per month *
	Includes 4 pc bathroom shared	
"D" Suite:	Private	\$3100.00 per month *
	Includes Private 4 pc bathroom	
"E" Suite:	Private Room	\$2550.00. per month *
	Includes 4 pc bathroom shared	

**RESPITE BED / SHORT TERM – FULLY FURNISHED – Starting from \$90 / DAY (semi-private)
PALLIATIVE CARE PACKAGE is also available.**

***INCLUDED IN-HOUSE FACILITIES, SERVICES , MEALS & CABLE**

SUITES represented by room number

A"	B"	C"	C2"	D"	or	D2"	E"
206	101	307	307	203	303	403	207
306	201	406	406	204	304	404	211
311	301			205	305	405	
407	401			208	308	408	
				209	309	409	
				210	310	410	

ASSISTED LIVING SERVICES

See CARE HOME INFORMATION PACKAGE for those services already provided with the basic accommodation fee.

HOUSEKEEPING: “In addition to our usual services”

- Daily:**
- Washrooms inspected and cleaned as necessary
 - Inspection and changing of towels as necessary
 - Inspection and changing of sheets as necessary
- Towels:** Checked daily
EXTRA – as required

LAUNDRY collected 2x weekly (min.) and returned same day

NURSING CARE:

In addition to the normal group of nursing services the following are included:

- Medication:**
- Documentation/ Dispensing only with Dr. Order
 - Delivery to the resident’s room if required
- Bathing/Shower:**
- Assistance in and out of tub - (2) weekly
 - Sponge bathing in bed as required (Plus/Premium package Only)
 - Access to our SPA Room Step in Jacuzzi Tub
- Dressing:**
- Assistance with choice of clothing and shoes
 - Assistance to change and dress
- Care and Counsel:**
- As required to meet the changing needs of the client
 - Maximum 2 hours per month
- Toileting Routine:** Personal Assist Daily (in accordance with Selected Package)
Including assistance to change pad and Peri Care
- Meals:**
- 3 meals daily: served in the room as required
 - Special diets accommodated
 - o Specialty foods will be an added cost

2. PRIVATE DUTY AVAILABLE- Discuss with Administration as needed

- i. Registered Staff available at a rate of \$30.00/hour
- Non-Registered / Companion Staff are available at a rate of \$23.00/hour

Note: rates are subject to change

