



# Aging in Place Strategy

# SUPPORTIVE / ASSISTED LIVING INFORMATION PACKAGE 2016

QUALITY SERVICE

1980 - 2015

35

YEARS OF EXCELLENCE





www.NorfolkManor.ca

In accordance with the recent passing of BILL 120 and the RESIDENTS RIGHTS ACT 1994 and Tenant Protection Act 1998.

Compliance date NOVEMBER 20,1994.

#### **PREAMBLE**

Residents residing at Norfolk Manor have the right and are permitted to contract with any care delivery service they wish to provide additional care or other services over and above those supplied in our regular bundle of services as laid out in the Care Home Information Package.

Norfolk Manor and our staff are happy to act as our residents advocate and cooperate with any agency or service provider you so choose.

#### **FEES**:

An administration charge of \$100/mth will apply for: AGENCY MANAGEMENT which includes CCAC and related services.

#### **NOTE:**

In the event that an agency is contracted and does not show up or where the agency documents the resident refused care, Norfolk Manor agrees to be the "BACK UP" and will pick up and deliver and document the care: FEE will charged at a rate of \$10/15 minutes of missed/contracted service. Norfolk Manor will track and bill accordingly. Norfolk Manor will also communicate the lack of service to the CCAC within 48 hours of the non-service.

"Example: CCAC contracted for 1 hour of morning care and they do not show up. The resident will be billed 1 hour x \$10/15 minutes = \$40"

#### **SPECIAL NOTE**

CCAC service providers DO NOT show up on holidays and services provided on behalf of these service providers will be charged at 1.5x the above rate

"Example: CCAC contracted for 1 hour of morning care and they do not show up on Christmas day. The resident will be billed 1 hour x 1.5= 1hr 30 min x \$10/15 minutes = \$60"

### SUPPORTIVE LIVING

At Norfolk Manor retirement home we go out of our way to enable our residents to "**Age in Place**" as long as they are comfortable and wish to remain at Norfolk Manor. As their care needs change so do our flexible care options.

In additional to our basic level of care we offer 5 Levels of Supportive Care based on the individual needs of our resident.

A Supportive Living Package(s) is required when a person is no longer able to maintain personal hygiene or their ADL's (Activities of Daily Living) and find that they need regular assistance in any of the following areas;

#### **Mobility**

- 1. Assisted transfer
- 2. Assistance to and/or from meals and activities. Unable to navigate on their own.
- 3. Repositioning: unable to transfer (ie: from bed to chair) on their own on a regular basis

#### **Memory Assistance**

- **4.** Constant reminding beyond simple 1 off reminder repeated queuing for ADL's such as getting washed, dressed, Alzheimer's repetition, coming for meals that then may also require assistance to complete
- **5.** Repetitive Anxiety Behaviour requiring constant redirection
- **6.** Exit Seeking "Wandering Risk"- requiring hourly checks or other measures (RFI- Project Lifesaver Program & Bracelet may be required)

#### **Dietary Requirements**

- 7. Dietary puree of meals
- 8. Thickening of fluids
- 9. Assistance with Feeding
- **10.** Meals delivered to the room on a regular basis (continental breakfast is the exception)

#### Personal - ADLs

- **11.** Dressing assisted in part
- 12. Peri Care daily
- 13. Assistance to the washroom / NEEDS DIRECTION/SUPERVISION
- **14.** Assistance Shaving regularly
- 15. Repositioning every 2 hours
- **16.** Mouth Care am /pm , unassisted by resident / DIRECT
- **17.** Medical Dressings <u>other than simple first aid and those requiring "WOUND CARE" which would required and Outside Agency support like that provided by the CCAC.</u>

#### **Doctors ORDERS**

- **18.** Application of Cream(s) by doctor order
- 19. Taking of daily blood pressures by doctors order
- **20.** Percussion Therapy
- 21. Injection Therapy- Daily

#### Housekeeping

- 22. Daily checks are required of
  - a. Room
  - b. Bathroom
  - c. Laundry

#### 23. SMOKING/FIRE RISK

a. Cigarette management, reminding, individual cigarette dispensing

#### LEVEL 3 – CARES on their own

- 1. Incontinence regular assistance required with toileting, changing of absorption products and/or peri care
- 2. Full Personal Care AM or Full Personal Care PM (Both = Level 4) CCAC
- 3. Catheter Care
- 4. Ostomy Care
- 5. Feeding tube monitoring/support

#### Cost structure

## Level 1

Required when a person needs regular assistance with any one (1) of the areas of assistance as identified above.

#### Cost \$ 15 / Day, \$ 450 per month

# Level 2

Required when a person needs regular assistance with any two (2) of the areas of assistance as identified above.

#### Cost \$ 25 / Day, \$ 760 per month

# Level 3

Required when a person needs regular assistance with any 3 of the areas of assistance as identified above other than those identified as Level 3 Care.

# Cost \$ 35 / Day, \$ 1060 per month

# Level 4

Required when a person needs regular assistance with any Level 3+ (another level 3 or a max of 2 other ease of assistance)

# Cost \$ 50 / Day, \$ 1500 per month

## Level 5

Required then a person needs full assistance and/or 1 on 1 for extended periods of time. To be determined at the time of the assessment.

# 1. Types of Accommodation (Excluding Assisted/Supportive Living)

**Accommodation: Effective July 2015** 

"A" Suite: Private Room \$2400.00. per month \*

Includes 4 pc bathroom shared

**"B" Suite:** Private Room \$2750. per month \*

Includes Private 4pc bathroom

"C" Suite: Private Room \$2900. per month \*

Includes 4 pc bathroom shared

**"D" Suite:** Private \$3200.00 per month \*

Includes Private 4 pc bathroom

**"E" Suite:** Private Room \$2650.00. per month \*

Includes 4 pc bathroom shared

# RESPITE BED / SHORT TERM – FULLY FURNISHED – Starting from \$90 / DAY (semi-private) PALLIATIVE CARE PACKAGE is also available.

#### \*INCLUDED IN-HOUSE FACILITIES, SERVICES, MEALS & CABLE

#### **SUITES** represented by room number

| Α"  | В"  | C"  | C2" | D"  | or  | D2" | E"  |
|-----|-----|-----|-----|-----|-----|-----|-----|
| 206 | 101 | 307 | 307 | 203 | 303 | 403 | 207 |
| 306 | 201 | 406 | 406 | 204 | 304 | 404 | 211 |
| 311 | 301 |     |     | 205 | 305 | 405 |     |
| 407 | 401 |     |     | 208 | 308 | 408 |     |
|     |     |     |     | 209 | 309 | 409 |     |
|     |     |     |     | 210 | 310 | 410 |     |

# **ASSISTED LIVING SERVICES**

See CARE HOME INFORMATIO PACKAGE for those services already provided with the basic accommodation fee.

**HOUSEKEEPING**: "In addition to our usual services"

Daily: - Washrooms inspected and cleaned as necessary

Inspection and changing of towels <u>as necessary</u>

Inspection and changing of sheets <u>as necessary</u>

Towels: Checked daily

EXTRA – as required

LAUNDRY collected a max of 2x weekly and returned same day

#### **NURSING CARE:**

In addition to the normal group of nursing services the following are included:

Medication: - Documentation/ Dispensing only with Dr. Order

Delivery to the resident's room if required

Bathing/Shower: - Assistance in and out of tub – up to (2) weekly

Sponge bathing in bed as required (Plus/Premium

package Only)

Access to our SPA Room Step in Jacuzzi Tub

Dressing: - Assistance with choice of clothing and shoes

Assistance to change and dress

Care and Counsel: - As required to meet the changing needs of the client

Maximum 2 hours per month

**Toileting Routine:** 

Package)

Personal Assist Daily (in accordance with Selected

**Including assistance to change pad and Peri Care** 

Meals: - 3 meals daily: served in the room as required

Special diets accommodated

Specialty foods will be an added cost

- 2. PRIVATE DUTY AVAILABLE- Discuss with Administration as needed
  - i. Registered Staff available at a rate of \$35.00/hour
  - Non-Registered / Companion Staff are available at a rate of \$26.00/hour

Note: rates are subject to change

# **AGREEMENT**

| ine s        | suppor                                                                      | tive Living Pack                  | age is to be put in                            | to place as of:        |                               |  |  |
|--------------|-----------------------------------------------------------------------------|-----------------------------------|------------------------------------------------|------------------------|-------------------------------|--|--|
| Start        | Date:_                                                                      | day of                            | <u>,</u> 2016.                                 |                        |                               |  |  |
|              |                                                                             | nderstands and<br>olied support O | agrees to the follo                            | owing option;<br>ree:  |                               |  |  |
|              |                                                                             | •                                 | ement Fee/mth + FEE<br>missed/contracted servi |                        | te                            |  |  |
| 1.           | Level 1                                                                     | at a cost of \$ 15 / d            | ay + \$100 CCAC mana                           | agement Fee/mth        | I agree:                      |  |  |
| 2.           | 2. Level 2 at a cost of \$25 / day+ \$100 CCAC management Fee/mth I agree:  |                                   |                                                |                        |                               |  |  |
| 3.           | 3. Level 3 at a cost of \$35 / day + \$100 CCAC management Fee/mth I agree: |                                   |                                                |                        |                               |  |  |
| 4.           | 4. Level 4 at a cost of \$50 / day + \$100 CCAC management Fee/mth I agree: |                                   |                                                |                        |                               |  |  |
| 5.           | Level 5                                                                     | at a cost of/ d                   | ay + \$100 CCAC mana                           | agement Fee/mth        | I agree:                      |  |  |
| DATE         |                                                                             | · ·                               | ancy and shall be go                           |                        |                               |  |  |
| DATE         | DAIG                                                                        | ueipri, Ontario, triis            | day or                                         |                        | , 2016.                       |  |  |
| WITNE        | TNESS: Resident or AGENT Signature                                          |                                   |                                                |                        |                               |  |  |
| AGRE         | ED TO                                                                       | AND SIGNED BY                     | THE RESPONSIBLE                                |                        | sident's Name                 |  |  |
| WITNI        | ESS _                                                                       |                                   |                                                |                        |                               |  |  |
|              |                                                                             |                                   |                                                | Respon                 | sible Party                   |  |  |
| Name         | and Ad                                                                      | ldress:                           |                                                |                        |                               |  |  |
|              |                                                                             |                                   |                                                |                        |                               |  |  |
| <u>Phone</u> | Numbe                                                                       | er:(Home)                         |                                                | (Business)             |                               |  |  |
| AGR          | EED T                                                                       | O AND ACCEP                       | TED BY THE OW                                  | NER:                   | <u>Dat<mark>e:</mark></u>     |  |  |
| per: _       |                                                                             | David Ing Managin                 | g Director                                     |                        |                               |  |  |
|              |                                                                             | [Name and Title]                  |                                                | [Name of Owner/ Agent] |                               |  |  |
| THE F        | RESIDE                                                                      | NT HEREBY ACK                     | NOWLEDGES receip                               | ot of a fully execute  | ed duplicate original of this |  |  |
|              |                                                                             |                                   |                                                |                        |                               |  |  |
| Agree        | ment or                                                                     | n the date set out a              | bove <mark></mark>                             | (R                     | esident/Agent Initial)        |  |  |